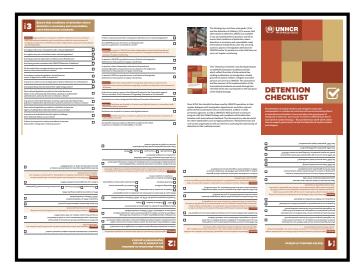
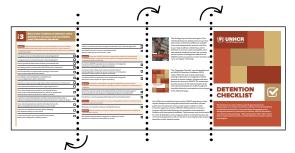
1. Print on A3 recto verso (2 check-lists on one A3)



2. Cut in the middle (horizontal)



3. Fold 3 times



4. Final (folded) format 105 x 148 mm

